



# ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY

APPROVED BY PHARMACY COUNCIL OF INDIA (PCI) AND AFFILIATED TO GUJARAT TECHNOLOGICAL UNIVERSITY, AHMEDABAD

**Managed by Rotary Foundation for Education and Learning (ROFEL) Trust**

Estd. In 1999

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, P.B. No. 11, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

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## **Report on International Women's Day Celebration held on 8<sup>th</sup> March 2020**

International Women's Day, is celebrated each year on 8<sup>th</sup> March, honoring the social, economic, cultural and political achievements of women around the globe. We at ROFEL Shri G. M. Bilakhia College of Pharmacy, Vapi celebrated International Women's Day (IWD) on 8<sup>th</sup> March 2021. The theme of this year IWD celebration was "Choose to Challenge". "Its all about not doing what everyone else is doing but to make your own presence count"- This quote of Anjum Chopra, Cricket Commentator inspires us (All Women) to choose challenges of the world and make our presence count. Online platform was chosen for the celebration considering the safety of all. Our celebration was boosted with the presence of Dr. Rachana Upadhyay, MD Homeopath, MD Clinical Cosmetology, Vapi and Ms. Jasmin Panchal, District Child Protection Officer, Valsad.

Dr. Upadhyay delivered a talk on Nutritional Well Being for Women", in which she mentioned various dietary tricks for women to compensate some nutritional deficiencies. The talk was highly detailed and informative for all.

Ms. Panchal talked about Youth and gender equality. Her conversation with girls (students) was very encouraging. Besides the talk, we had a competition with the theme "Women who chose to challenge". Students participated in the competition with utmost zeal. Students had beautifully written the essay mentioning different ladies who chose to challenge the world. Below are some glimpses of the celebration.



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